



Paranormal Phenomenon:
Ghosts, Spirits & Hauntings

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Episode 3:

Types of Ghosts & Spirits



Course URL: liberty-academy.org/teens-adults/paranormal_phenomenon/paranormal_phenomenon.html

Ghosts & Spirits

- As per our previous section, we need to consider that we – as humans – can only **see** or **sense** a tiny fraction of what is out there.
- **Animals** can actually see, sense, and **pick up frequencies** beyond what we can:
 - Examples include detecting natural disasters before they happen.
 - They can detect both positive and negative energies emitted from humans and other beings.
 - They are thus more sensitive and perceptive of ghosts and spirits.



Ghosts & Spirits

- Although we think we are limited to our **5 senses**, it is commonly believed that humans can perceive more, especially given that we only “use” about 10% of our brain power.



- Children are known to have such a **6th sense**.



- In addition, **psychics** and **mediums** also are believed to be able to use these additional senses.

Ghosts & Spirits

So, what is a ghost?

☞ It is the manifestation or apparition of the spirit of a dead person or entity.

- They are sometimes referred to as **spirits** or **entities**.
- Some spirits are believed to be stuck in an “unseen world”.
 - Some consider these to be **realms** or **dimensions** that are not usually visible or accessible to us.
- One theory suggest that upon an untimely or tragic death, a human’s spirit may linger in such a realm as they are not ready to move on; in other words, they may have some “unfinished business” that is preventing them from moving on.



Ghosts & Spirits

Types of

The term 'ghost' is often used to indicate different types of ethereal entities that can manifest somehow before human beings. Though not all types are covered, here are the **types** we will explore:

- Apparitions
- Shadow people
- Poltergeists
- Earthbound spirits
- Orbs
- Evil spirits
- Possession ghosts