



Paranormal Phenomenon:
Ghosts, Spirits & Hauntings

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Episode 13:

TOP 6 Cases of Demonic
Possession -
Anneliese Michel



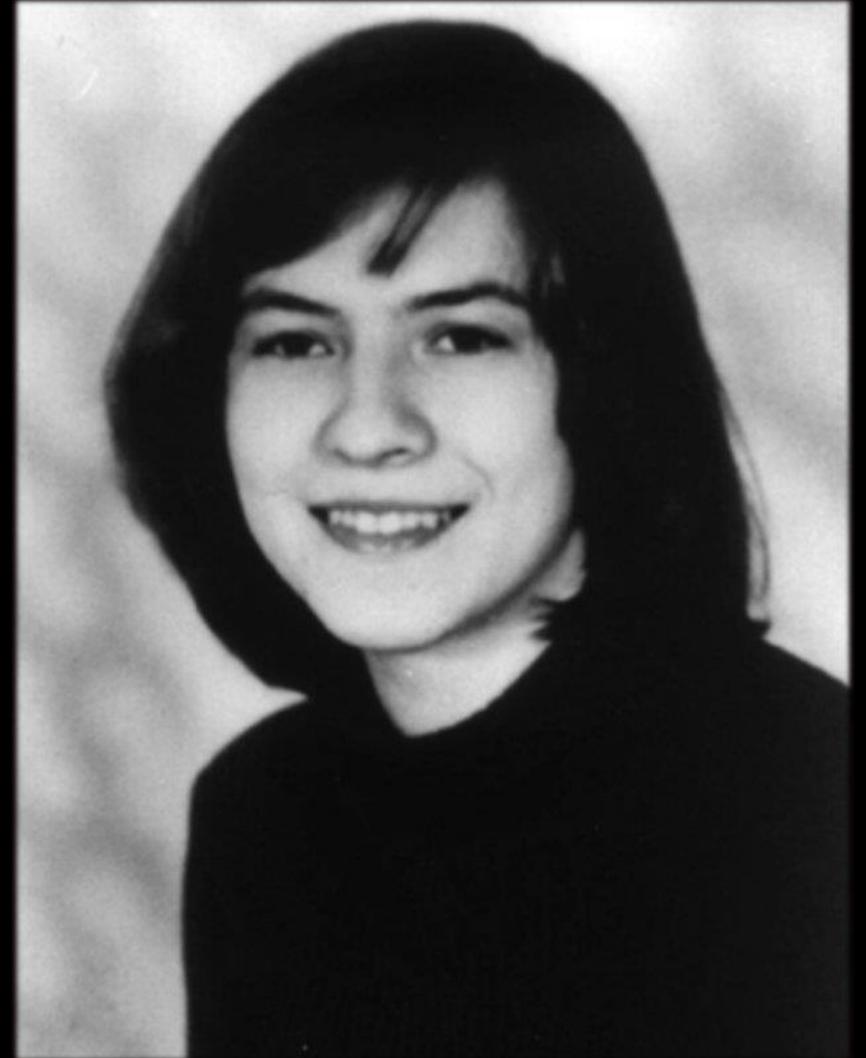
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Types of – Demonic Possession

TOP 6 CASES

4. 1973–1976, Germany:
Anneliese Michel

Anneliese in 1968 when she was 16





Anneliese Michel was born on the 21st of September, 1952 in Leiblfinig, Bavaria, West Germany.

She was the eldest of four daughters raised in a strict Catholic household, herself being extremely pious.





At the age of 16 in 1968, she began to **suffer from seizures** that were diagnosed as form of **epilepsy**. These made Anneliese to become quite **depressed and withdrawn** over the next couple of years. Despite care for her illness, she began to claim that she saw '**ghastly demonic faces**' in the people around her.

She also started **smelling horribly foul odors** akin to 'burning fecal matter'.

Voices inside her head told her that she was '**damned to hell**'.

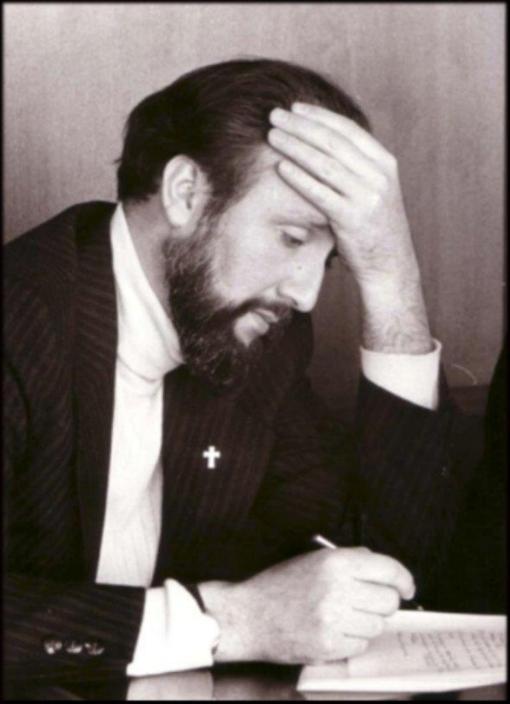
She started to be convinced that she was becoming **possessed by the devil**.

What is quite odd about this case is that there doesn't seem to be a specific event or action that had triggered her being infested and later possessed.

Her mother once witnessed her daughter Anneliese standing at their statue of the Virgin Mary with **'her face full of hatred, and her eyes jet black'**.

Despite having begun attending university to study in education and theology by 1973, Anneliese nevertheless became even more depressed and was **considering suicide**.

Her family thus also believed that she had become possessed and started **consulting with priests** on the matter.



Father Ernst Alt was the first to take a serious interest in her case and consulted with her regularly.

By September of 1974, Father Alt became convinced that she was indeed suffering from **demonic possession**.

Father Alt then wrote a letter to his superior, Bishop Josef Stanagl requesting permission to perform an exorcism in secret, but the request was denied.



Despite setbacks, Anneliese persisted in her attempts to remain **steadfastly devout in her religious practices**, forming **prayer groups** at her university.

By 1975, Anneliese's **appetite had decreased** and would remain **bedbound** for longer periods.

Father Alt still visited her, but on one occasion, **she ripped his rosary to pieces** making him more convinced of her possession.

Anneliese complained of not being able to enter churches, for it caused her pain.

On a walk in the countryside with her friend Peter, she collapsed and remained unconscious for over 10 minutes, and after coming to, she explained she was now 'free' and had seen the **Virgin Mary**.

Two months later at a visit to a monastery, she claimed to have seen the Virgin Mary again, who told her that 'so many young souls in Germany are lost' and that Anneliese could do penance (a form of self-punishment as an expression of repentance) for those souls to help save them.

In August of 1975, Father Alt received permission to perform a **minor exorcism** rite on Anneliese.

But during the exorcism, she complained that she was 'burning' and also knocked Father Alt's prayer book out of his hand.

The minor exorcism resulted in little improvement and she soon grew completely **out of control**.



With very little sleep, food, or water, her behavior then became extremely erratic.

She would constantly **shout for mercy from Jesus** and also **repeatedly knelt on her knees** causing them serious injury.

She would **lash out at family members** and **destroy religious objects** in the house.

In **rare moments of lucidity**, she said that **an invisible force** was preventing her from praying and that the **demons were filling her head with thoughts of suicide**.

Another priest was called in to assist in the matter and in a meeting **she spoke in a lower tone of voice** and while in a trance referred to herself as another individual – **Judas** (Judas Iscariot, the disciple that had betrayed Jesus Christ).

More priests consulted on her case and this time they requested to Bishop Stangl that a **major exorcism** be performed on the troubled girl. It was granted on the condition that it be done in the '**utmost secrecy**'.



Father Arnold Renz was the other priest to now form team of exorcists.

The first session in 'Rituale Romanum' was performed on Sept. 24, 1975 in Anneliese's room with multiple people present, including four priests, lasting 3 and a half hours.



Once the rite had started, she became violent necessitating 3 men to hold her down. **She screamed, howled, and uttered profanities** at Father Renz and would refused to provide answers to the clergy's questions.

Anneliese later said she recalled everything but **had no control over her words and actions.**

Sadly, many more exorcisms – a total of 67 in all – were to come.

Aside from the first session, the others were recorded, some being played for the Bishop with Anneliese's approval.

Eventually, she spoke in other voices apart from Judas, including 6 in total: Judas, Lucifer, Nero (the Roman Emperor), Cain (the son of Adam & Eve), Hitler, and Valentin Fleishmann (a disgraced excommunicated German Catholic priest from the 16th century).

Over the next nine months, Anneliese continued to **struggle between exorcism sessions** all whilst trying to complete her university studies, basically having little desire to eat. She refused medical treatment and lost a tremendous amount of weight which **weakened her greatly.**



Though the participation of the entities along with their voices waned during these months, it is believed that she was now merely acting as a conduit, or a martyr of sorts to atone for the souls of the German youth, as she had promised the Virgin Mary she would commit to.



Finally, in the early hours of **July 1, 1976**, Anneliese **breathed her last breath** at the young age of 23.

Her mother called Father Alt to inform him of her death.

The national media caught wind of the case while a criminal investigation was undertaken.

The state's attorney's office spent a year to assemble facts of the case which eventually lead to a trial with charges of **negligent homicide** laid against Fathers Alt & Renz, and Anneliese's parents.



In the end, her parents were given no punishment by the courts, having suffered enough by the loss of their daughter.

The two priests were given a hefty fine and three years of probation.

Visitors from Europe and elsewhere pay their respects at Anneliese's grave in Klingenberg, Germany, some considering her a Saint for her sacrifice.

May she rest in peace.



AUDIO RECORDING from one of the EXORCISM sessions

Here is an eerie 1 minute, 21 seconds audio extract from one of the exorcism sessions taken in 1976 by Father Renz.

Stop the video now if you are sensitive to such content or if there are youngsters around you.



WARNING
Disturbing Content!
Viewer Discretion is Advised